

Advanced Networking

P2P Voice Applications

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**Credits for part of the original material to Saverio Niccolini
NEC Heidelberg**

The Client/Server model in conversational communications

- User-plan communication is nearly always in direct mode, i.e., logically it is P2P
- C/S is used in traditional telephone networks (also over IP) for look-up and signaling
- This requires a very expensive network of servers and resources ...
- ... it's just like calling always a 12** number instead of looking in your address book!



From POTS to VoP2P: Step 1

- H.323
 - Tries to reproduce the traditional telephony over a packet, IP-based network
 - Adds services that are not conceivable in traditional telephony (e.g. voice-web integration)



From POTS to VoP2P: Step 2

- SIP
 - Has the standard "internet" philosophy
 - Move service logic and intelligence in terminals
 - Distributed and flexible (indeed, SIP goes far beyond telephony)
 - Security problems



From POTS to VoP2P: Step 3

- (Nearly) Server-Less systems
 - Are a transition from the C/S model, which is still rooted in H.323 and SIP) to a service model where each terminal tries to be as autonomous as possible with a flexible hierarchy for seracing services and userse (DNS like) ... The P2P paradigm is the ending point.
 - Without a service provider P2P systems are open and closed at the same time: anybody can be part of a system, but different systems do not talk one another
 - However a communication service either has a monopoly (protocols, formats, syntax - like IP) or there are gateways to cross different service domains



VoP2P Standardization

- Many approaches:
 - An interest forum ...
 - Pilot products ...
 - A Task Force IETF talking to an ITU group talking with ...
- But indeed looking into the problem ...
 - SIP is compatible with a P2P model
 - Just substitute Registrars and Proxys with distributed data-bases and distributed search engines
 - If the idea is a win-win scenario some idea will be the winner ... not necessarily SIPeer



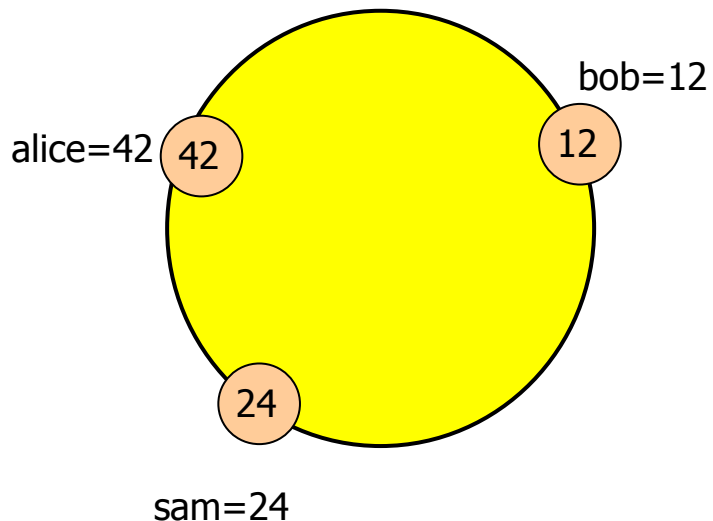
SIPeer

- Goals
 - P2P standardization project based on SIP primitives
 - 0-configuration
 - Audio and messaging
 - Backward compatible with standard SIP systems
- Use existing DHT (Distributed Hash Tables) systems
 - Key=hash(user@domain)



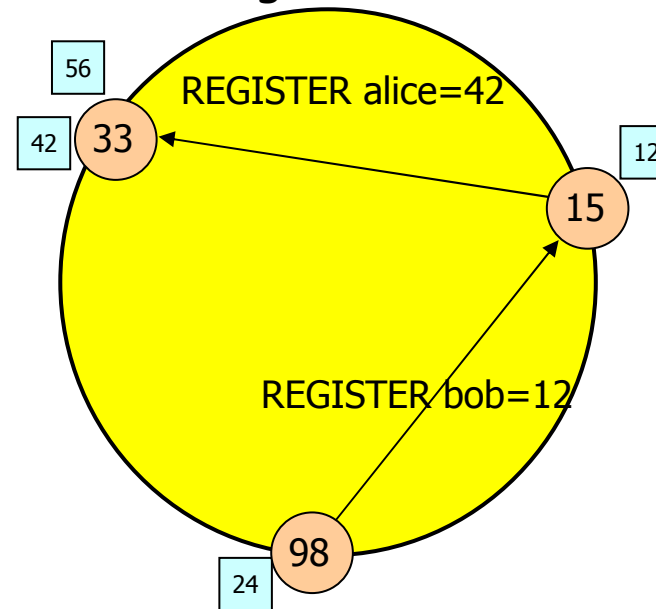
Users' Search

- Without "REGISTER"
 - The key is computed based on the user ID
 - Nodes enter the P2P overlay with their user ID
 - One node \leftrightarrow One user

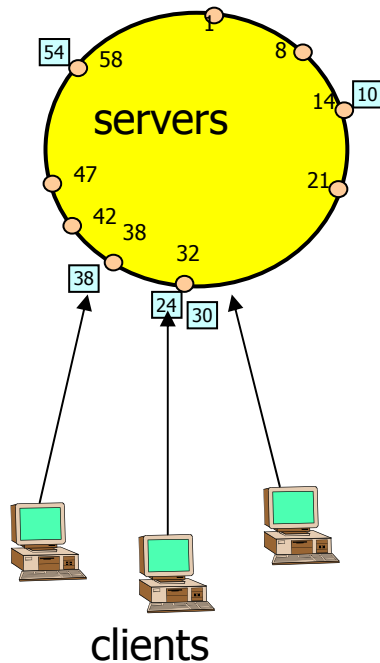


With "REGISTER"

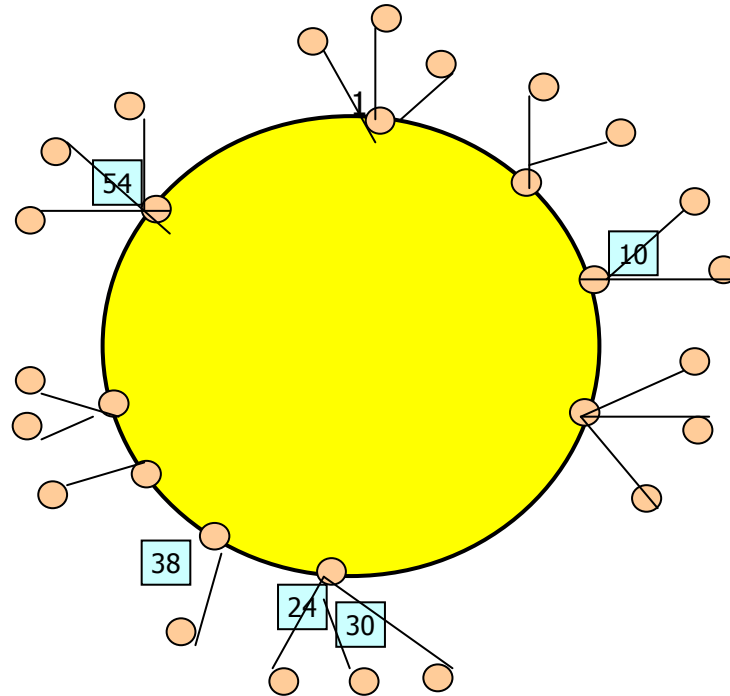
- The users "REGISTER" with some nodes responsible for its key
- Periodic refresh
- Enabled off-line message exchange



Design alternatives



DHTs are located on distributed, low-cost servers



Hierarchical approach: standard, but stable and powerful nodes maintain the DHT – similar to skype



P2P real-time: Users perspective

- **Ease of usage**
- **No user configuration required**
- **Working across all networking environments**
 - Network Address Translators (NATs)
 - Firewalls (FWs)
- **P2P real-time applications are not standard-based but they “just work”**
- **Different user experience with respect to standard-based real-time applications**
 - e.g. H.323-based or SIP-based



Identification of issues with P2P SIP

- **Goal**
 - Identify potential issues of SIP-based P2P communication related to Middleboxes (NAT and firewall) traversal
 - to be considered when designing standards for a SIP-based P2P infrastructure
- **Non-Goals**
 - Constrain a future P2P SIP architecture in any way
 - Still we need to list potential communication steps that might raise issues
 - Those steps are not necessary part of the final SIP-based P2P solution
 - Suggest NAT traversal methods to be selected for P2P solution



Potential Communication Steps

- **Steps considered**
 - middlebox detection
 - registration
 - search for relays
 - address lookup
 - call setup
 - call termination
- **Not all steps might be necessary**
- **Several steps may be combined into one**



Middlebox Detection

- **Detect Middleboxes**
 - on the signaling path
 - on the data path
- **Communication means detection for**
 - registration
 - incoming / outgoing signaling
 - data streaming to and from other terminals or relays
- **Checks to be performed**
 - sending and receiving UDP packets
 - opening incoming and outgoing TCP connections
 - use of certain fixed port numbers
 - the option to relay or tunnel signaling messages and streamed data
- **NAT parameter detection**
 - full cone, half cone, etc...



Registration

- **Authentication of the user**
- **Notification of communication capability and willingness**
- **Registration of contact parameters**
- **Notification of service provisioning capability and willingness**



Further Steps

- **Search and Connect Relay**
 - Candidate relays may be suggested by infrastructure
- **Address Lookup**
 - Per-call lookup
 - Buddy list lookup
- **Connection Establishment and Termination**



Middlebox Traversal Methods

- **Tunneling**
 - in highly restricted environments only
 - controversial:
 - HTTP and DNS tunneling are not legitimate
 - TURN could be OK
- **Network-initiated Middlebox Signaling**
 - not the right choice for P2P SIP
- **Terminal-initiated Middlebox Signaling**
 - several methods known



Terminal-initiated Middlebox Signaling

- **Standards**
 - STUN (IETF RFC3489)
 - UPnP (UPnP Forum)
 - SOCKS (IETF RFC 1928)
 - RSIP (IETF RFC 3103)
- **Under development**
 - STUN update (IETF behave WG)
 - ICE (IETF mmusic WG)
 - NSIS (IETF nsis WG)
- **Middlebox traversal using relays**
 - STUN relay (previously TURN) (IETF mmusic WG)



Open Issues for SIP-based P2P

- **SIP-unrelated**
 - middlebox detection beyond UDP
- **SIP-related**
 - terminal reachability
 - communication service requirements
 - communication service offers
- **The relevance of these issues strongly depends on the choice of P2P architecture**



Middlebox Detection Beyond UDP

- **Limited or no middlebox detection for TCP and DCCP (Datagram Congestion Control Protocol) available**
 - Middlebox signaling for TCP is covered by UPnP, SOCKS, RSIP, NSIS
- **TCP considered for signaling and for data**
 - Several SIP-signaled services use TCP
 - RTP over TCP used when UDP is blocked
- **Might get solved partially by ICE TCP**
 - still in early state



Terminal Reachability

- **Relevance depends on registration and relay detection process**
- **Terminal might need to register first and then find and connect to a relay in order to be reachable**
- **In between these two steps it would be reachable for signaling but unreachable for data transmission and should be registered as such**
- **Currently, the SIP protocol does not provide explicit means for signaling such a state**



Communication Service Requirement

- **The terminal might need to express its needs for relaying**
 - signaling messages
 - lookup requests
 - data streams
- **Infrastructure nodes might need to suggest relays to be used by terminal**
- **For both, request and suggestion, signaling means are required**
 - **Extension Header Field for Service Route Discovery During Registration (RFC 3608) might offer means**



Communication Service Offering

- **A terminal in an unrestricted (or just slightly restricted) environment might be able (and the user willing) to offer services to other peers, such as relay services and lookup services**
- **Currently, the SIP protocol does not provide explicit means for signaling such offers**



P2P SIP: how to locate peers?

- **Basic idea is that what you are looking for has an identifier**
 - **Locate items in the overlay based on the identifier**
 - **Distributed Hash Table (DHT), Content Addressable Networks (CAN)**
 - **Since “everything has its place”, eliminate false negatives**
 - **Since you can go (close to) directly to the item you want, more efficient**



Applying this to SIP

- **Use pure Distributed Hash Tables (DHT) to find the other UAs**
 - **Problems**
 - currently no DHT standardized
 - some firewalls block DHT traffic as “file sharing”
- **Use DHT for location, but implemented as SIP messages**
 - **Essentially, use DHT as another registration/location mechanism**
- **Use standard SIP to signal once resources are located**



Problems with P2P SIP

- **Like most things SIP, NATs**
 - **Same problems, plus some new ones**
 - **Super nodes?**
- **Security**
 - **Sybil attacks**
 - **DoS (through traffic and true denial)**
 - **Encryption**
 - **Information “leakage”**
 - **Choosing node locations to divert/block**



Advanced Networking

Skype

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Skype characteristics

- **Skype is a well known P2P program for real time communications**
 - Voice calls
 - Video (from version 2.0)
 - File sharing and instant messaging when in a call
- **Seems to work with no problems in all network conditions compared to similar P2P applications**
- **One of the reasons of its success is its ability to work in network scenarios with middleboxes**
 - such as firewalls and Network Address Translators (NATs)
 - usually, this is a problem for P2P applications



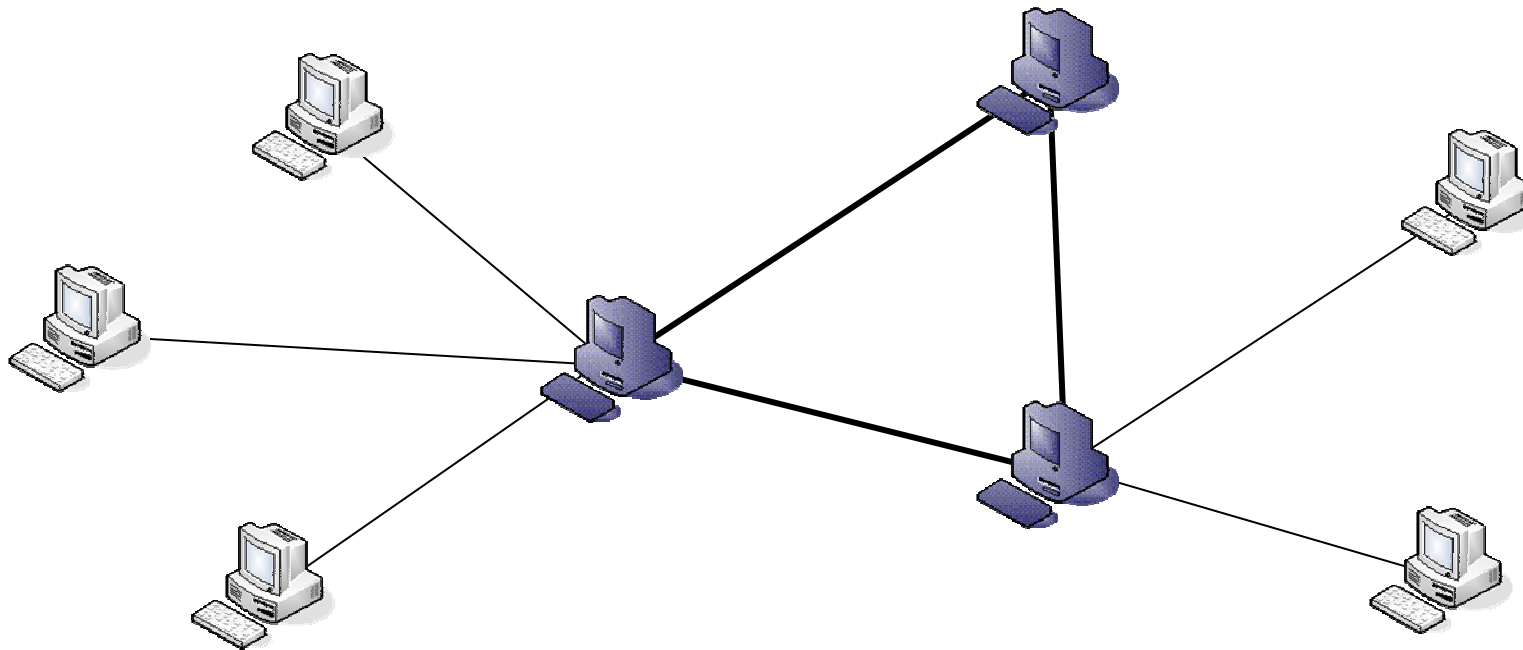
How Skype works

- **Skype overlay network**
 - network structure
 - entities involved
- **Skype function analysis**
- **Lesson learned**
- **Skype security analysis**
 - Binary
 - Network protocol
 - Skype authentication
 - Traffic encryption



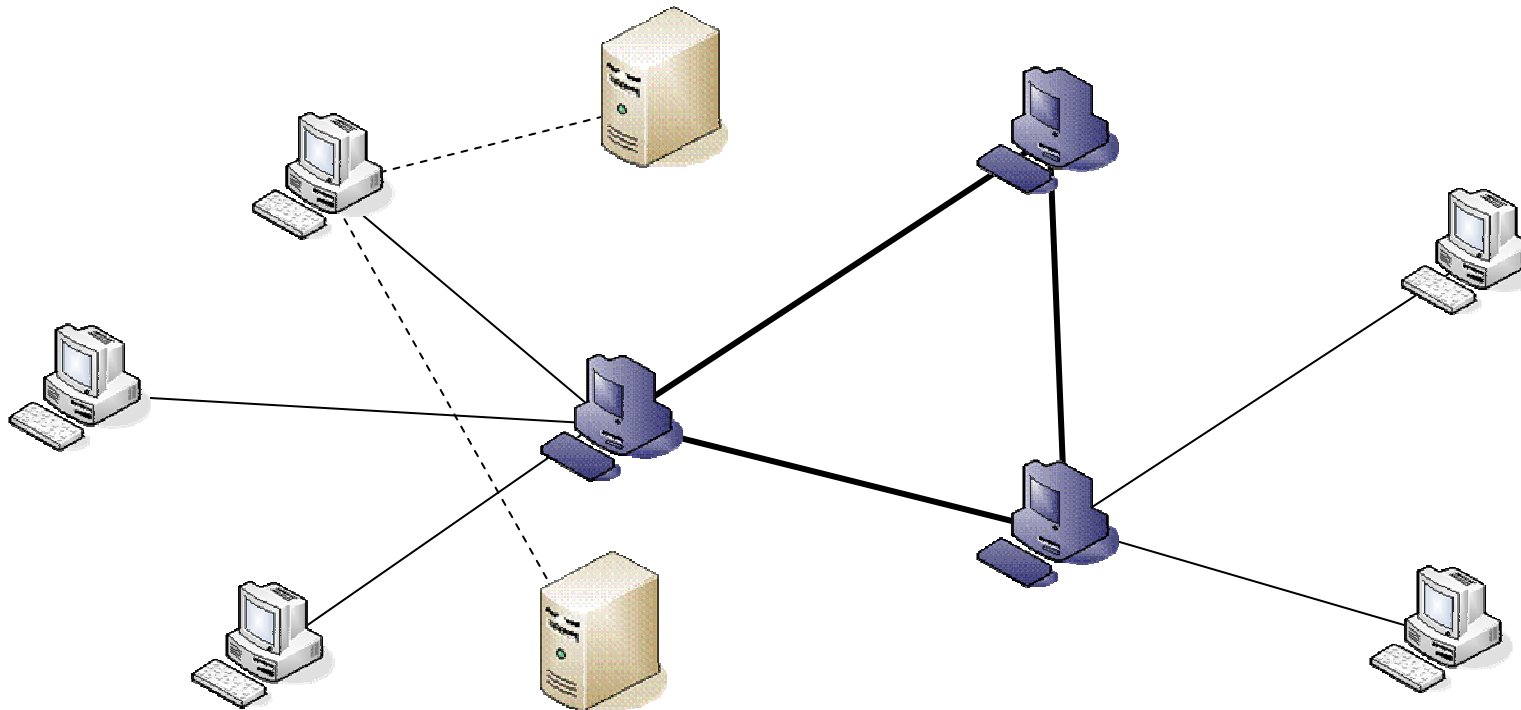
Skype overlay network (I)

- **Skype network relies on distributed nodes:**
 - **Skype Clients (SCs)**
 - **Supernodes (SNs)**



Skype overlay network (II)

- Although there are also centralized entities:
 - HTTP Server
 - Login Server



Skype overlay network (III)



Skype Client

- used to place voice calls and send instant messages
- connection to skype network possible through a supernode (SN)
- connection with the SN (via TCP) maintained for the whole time the client is on-line
- client configuration and SN addresses are stored locally and refreshed periodically to maintain a coherent view of Skype network



Skype overlay network (IV)



Supernode

- Normal Skype Client that can accept incoming TCP connections, with enough CPU, memory and bandwidth
- There are also a number of “default” Supernodes, used to increase network robustness and stability



Skype overlay network (V)

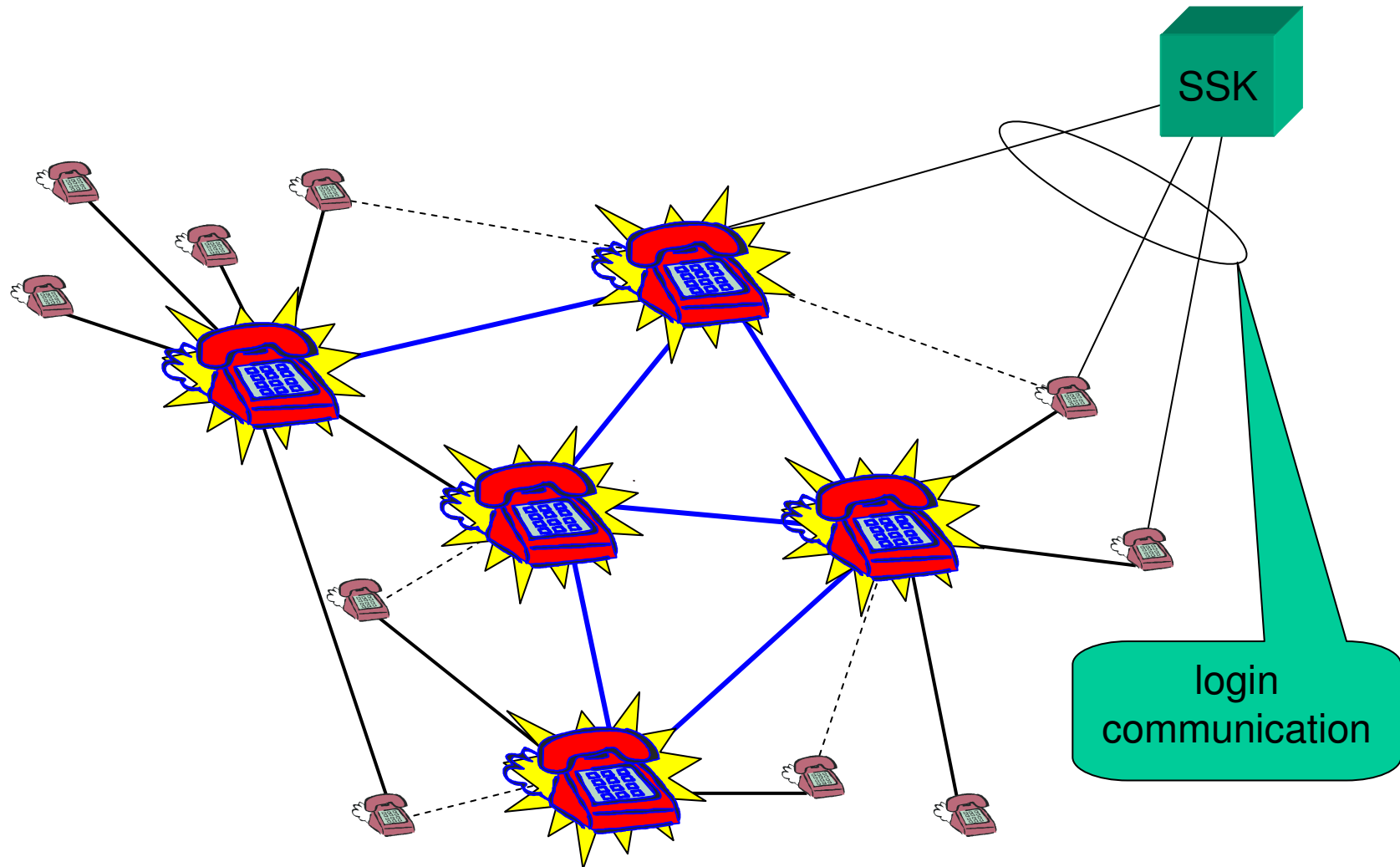


Servers

- Login server ensures that names are unique across Skype namespace. Also central point for authentication
- HTTP Server used by clients to check for updates



Topology

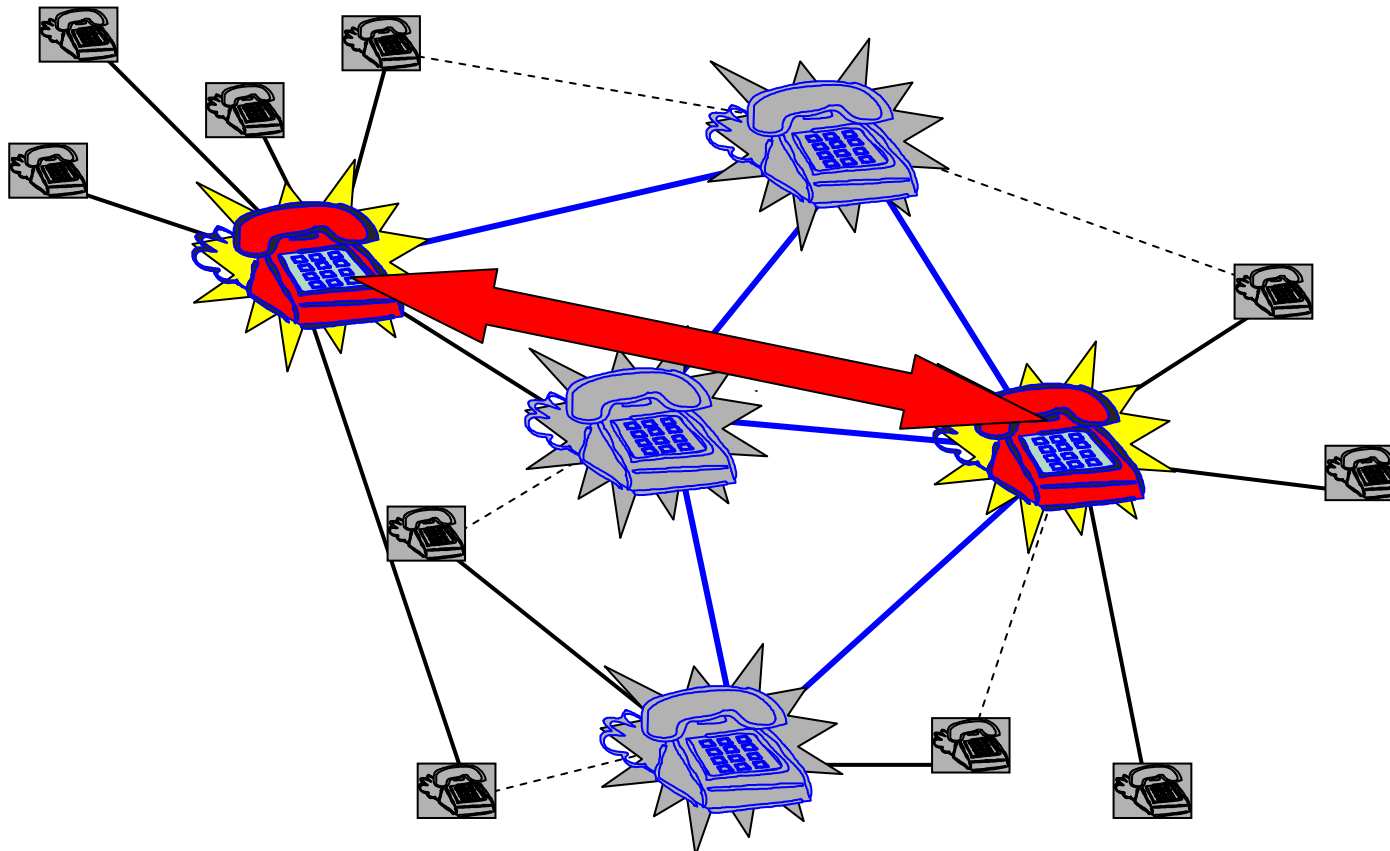


— default connection



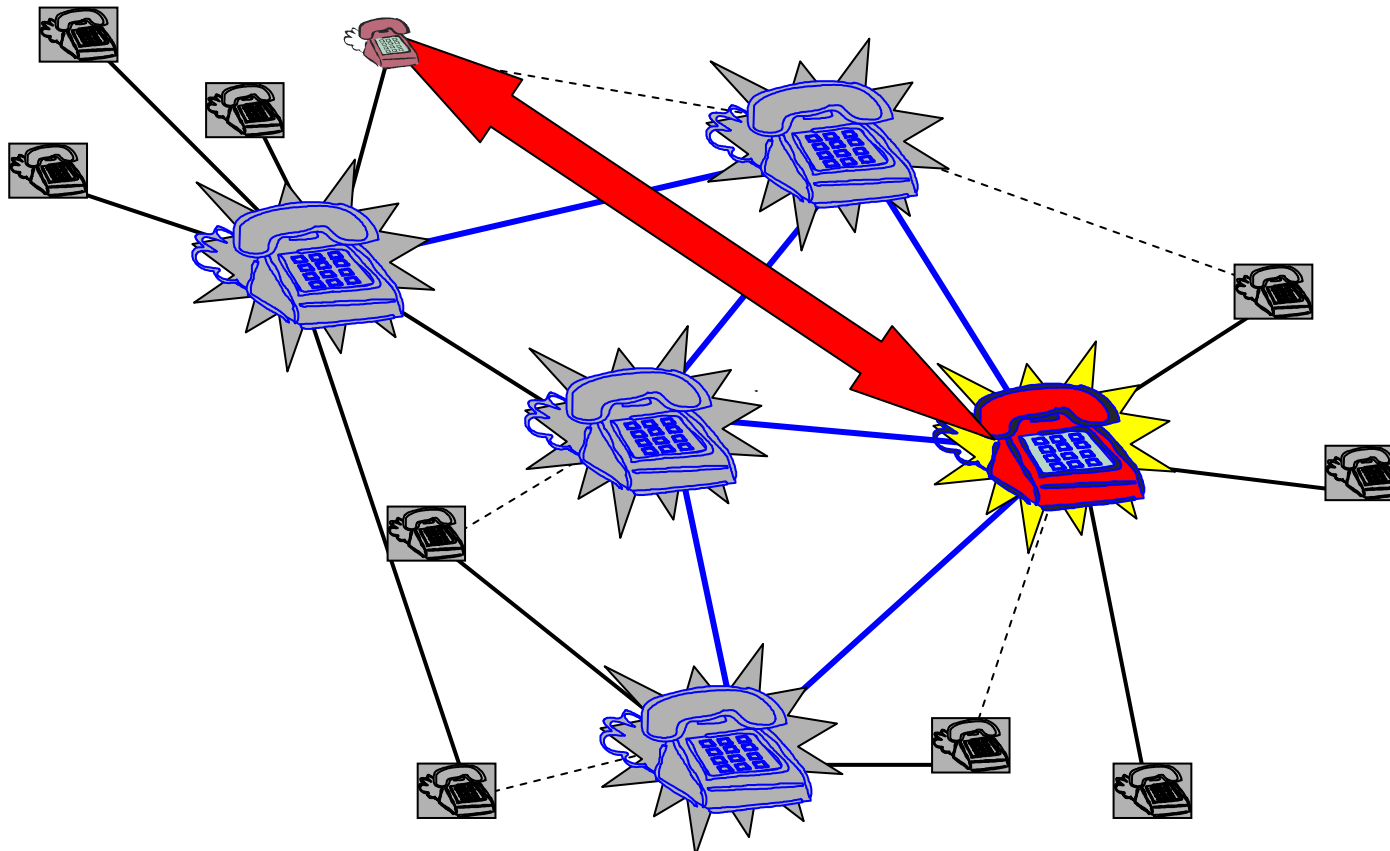
Topology: calls

Supernodes communicate directly ...



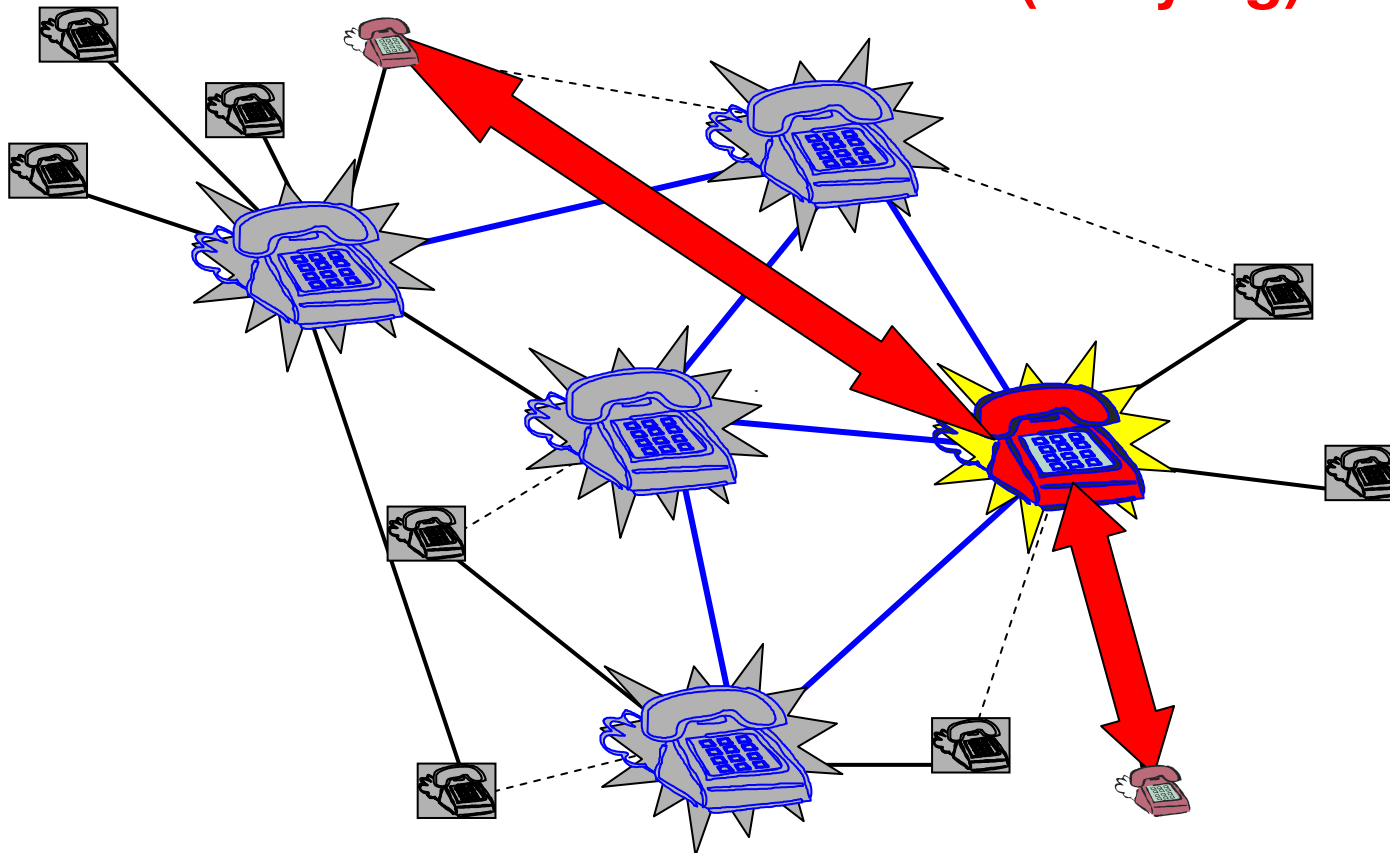
Topology: calls

... also with normal peers



Topology: calls

normal nodes require a supernode intermediation (relaying)



Some characteristics

- CODECs

- Default is a wideband (8 kHz-16kHz sampling) resulting in a transmission rate of 40 kbit/s in each direction (140 pck/s with payload of 67 bytes)
- Quality in normal conditions is very good, much better than PCM telephony
- No narrowband coding is provided, congestion is not considered a problem generated by skype
- Under lab conditions over UDP the system works well even with only 16--20 kbit/s; below 12 kbit/s the system cannot work



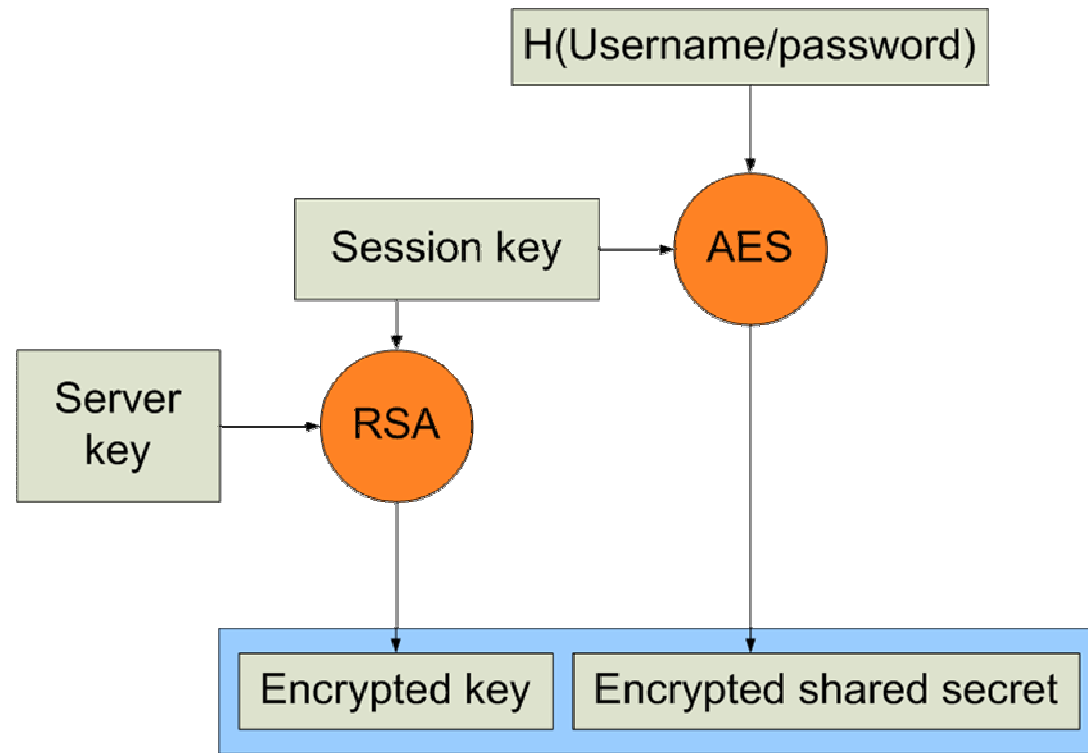
Some Characteristics

- Ports
 - 80 (HTTP) e 443 (HTTPS) on TCP for signaling, random choice on UDP or TCP for voice
 - Ports are announced on the P2P network
- Encryption
 - All communications are AES (Advanced Encryption Standard) encoded



Skype Encryption

- **Authentication**
 - **At login time the client generate a RSA session key and uses it to encrypt his credentials.**
 - **Then encrypts the session key using the server's public key**
 - **and sends this information to the login server**



Some Characteristics

- Host Cache
 - List of supernodes (IP, Port) used to make the search phase faster
 - Roughly 200 entries dynamically updated
 - If the host cache is void skype does not work (some defaults entry are there from the beginning)
 - One of the critical points for skype functioning
 - The idea is not new to P2P networks and answer to the bootstrap problem ... albeit in a naive way



Skype functions analysis

- **Essentials**
 - Login
 - Search
 - Buddy list signaling
 - Call establishment



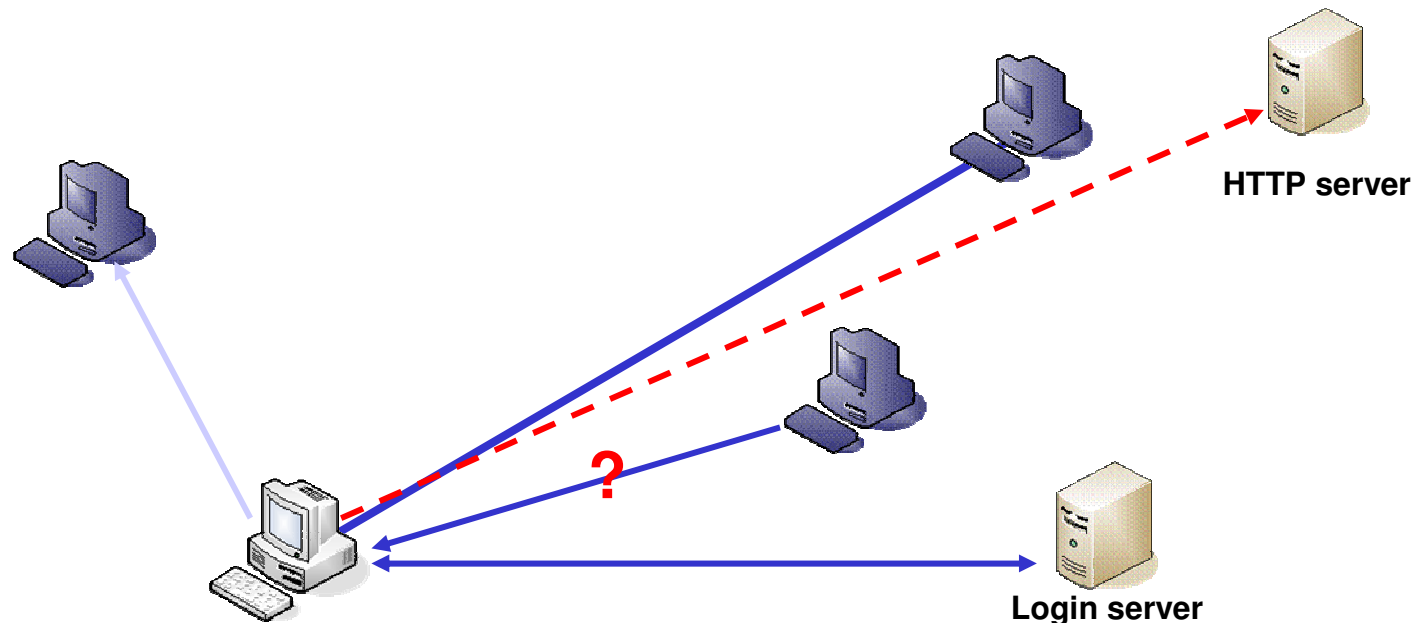
Login function

- **Join and maintain overlay network:**
 - **Interaction with central servers**
 - **login server manage authentication and ensures unique names**
 - **HTTP server ensures client software updates**
 - **Refresh of shared.xml**
 - **file stored on the client containing SNs list and parameters identifying middlebox**
 - **Network tests if joining client can act as a SN**



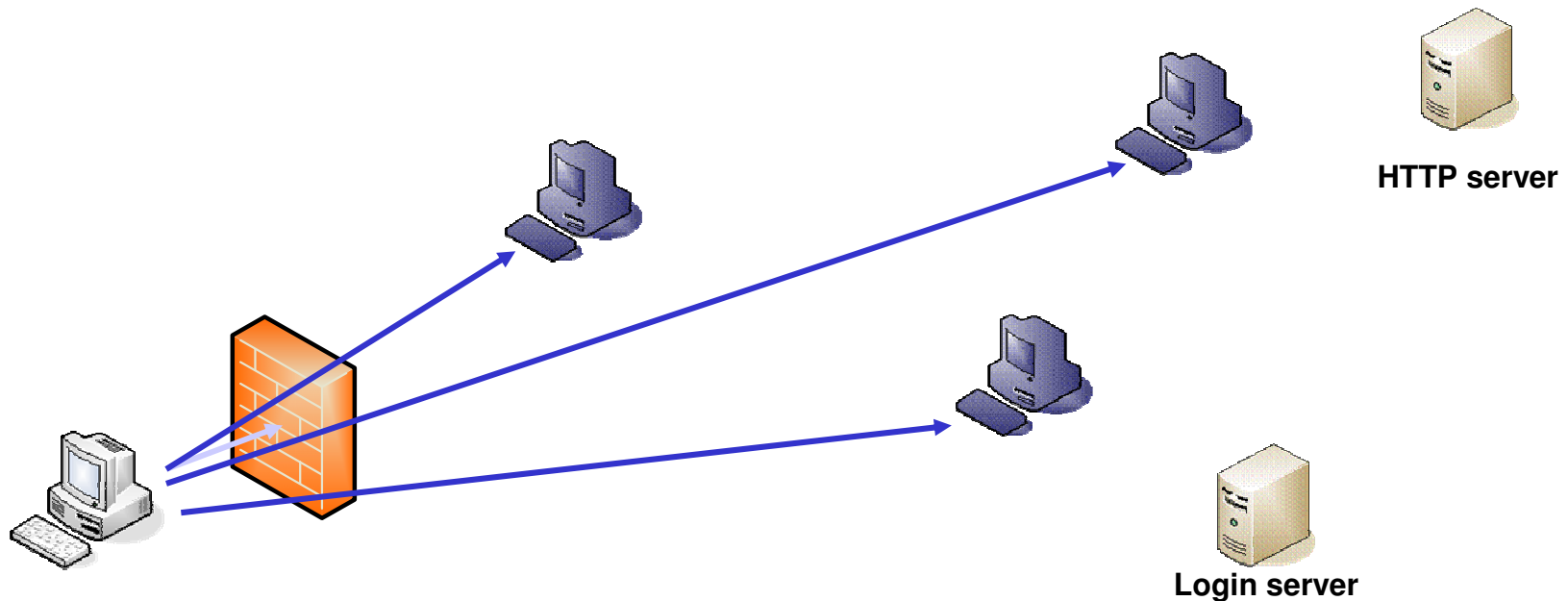
Login procedure

- At startup the client contacts the HTTP server to check for updates
- Sends UDP datagram to a -default SN- to refresh the list of supernodes
- Connects via TCP to a SN (connection maintained throughout Skype session) and exchanges info on online nodes
- Verify username and password via TCP with the Login server
- Another SN tests if client can act as a SN



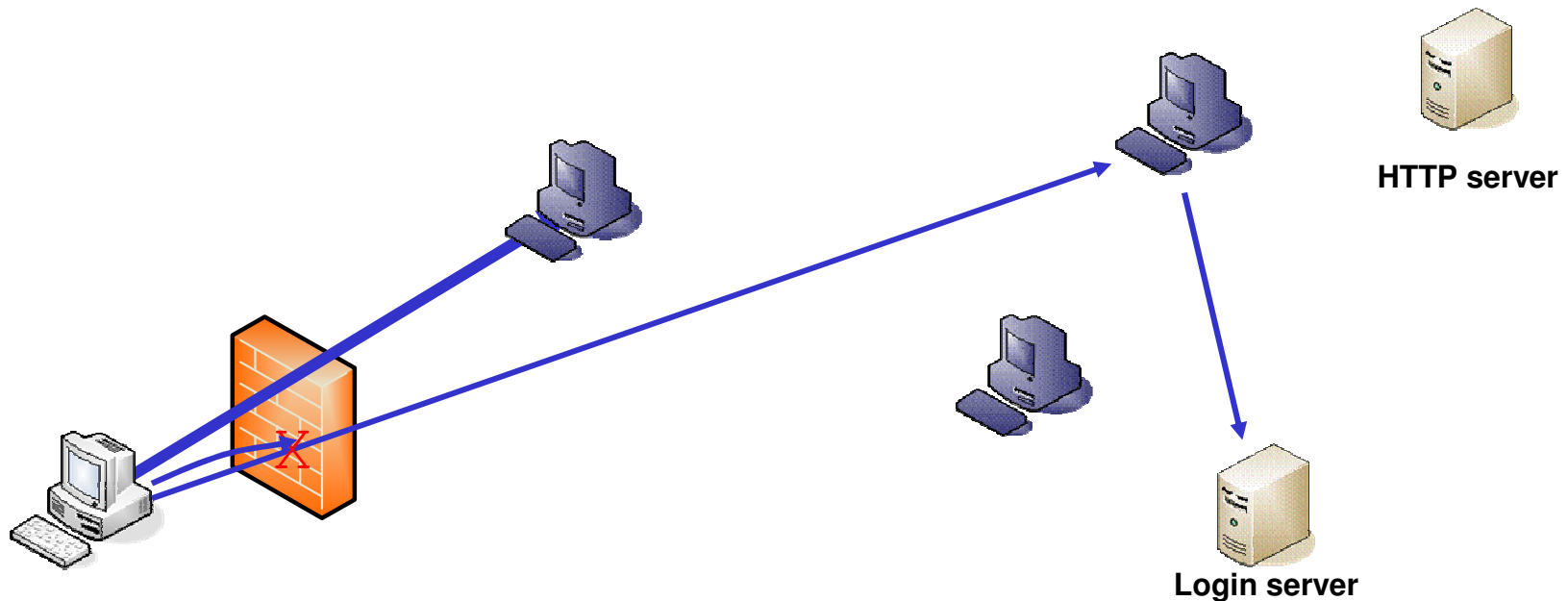
Login: Firewall blocks UDP

- Firewall prevents UDP exchange for SN list refreshing
- Client establishes several TCP connections with SNs to gather information, when finished all but one are torn down



Login: Firewall blocks Login sever

- After connection with the SN, attempt to connect with the Login server fails
- Client connect to the Login using a SN as a relay



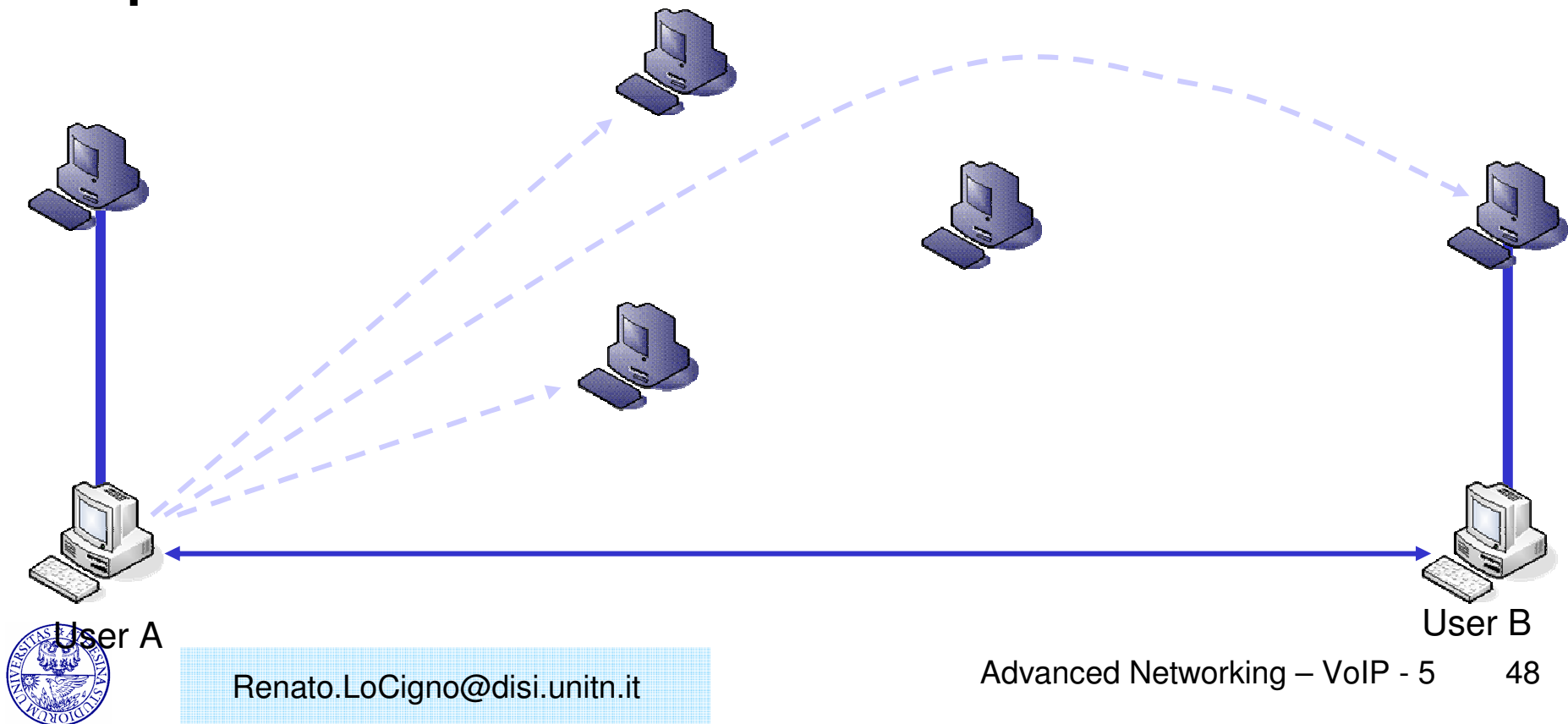
Search function

- **Procedure performed when a user wants to add someone to his buddy's list and communicate for the first time**
- **Search is performed using username as key**
 - **possible since names are unique**
 - **this is why there is the need for central servers**



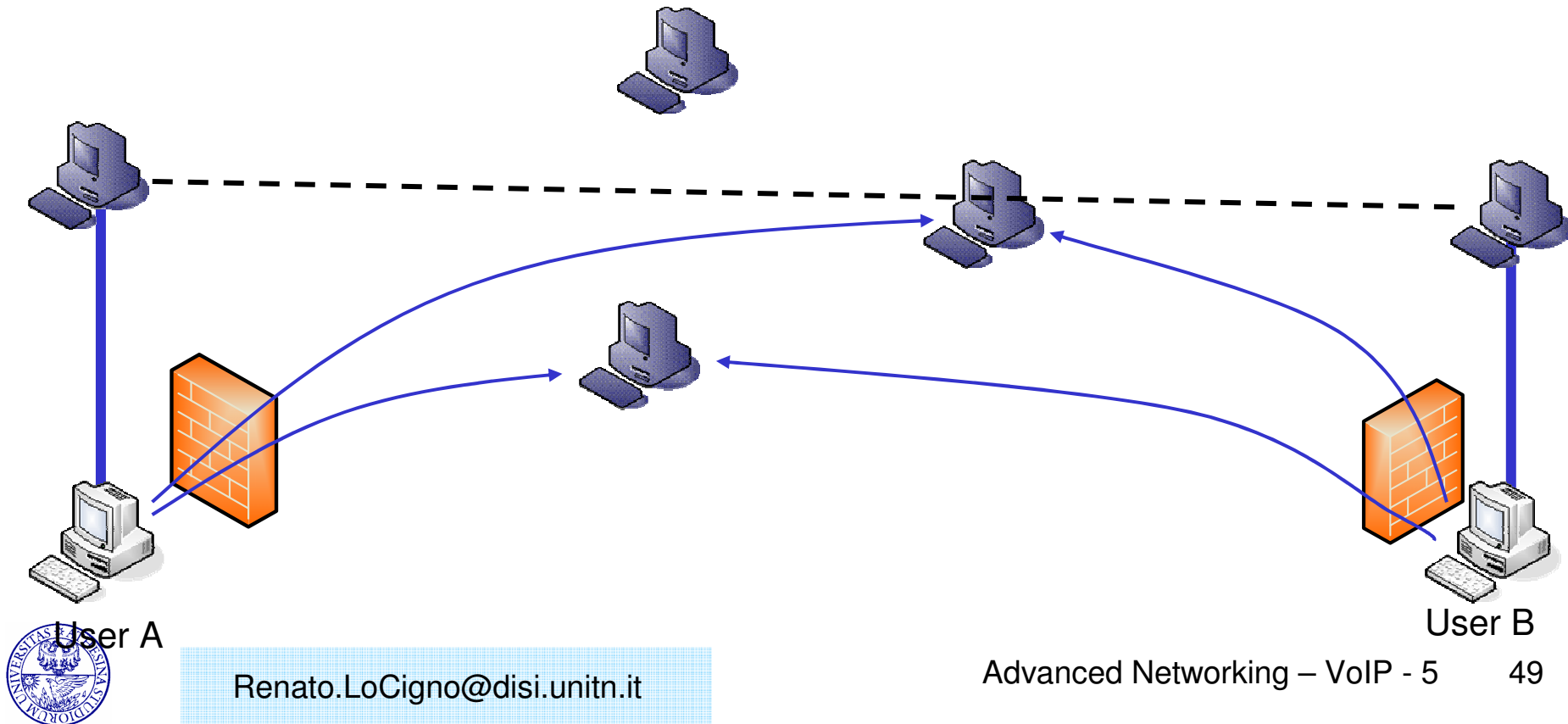
Search procedure

- User A exchanges info with its SN and gather 3 SNs addresses
- A query the 3 SNs via UDP asking if they know the public IP of B
- Once A gets the address of B authorization exchange is performed



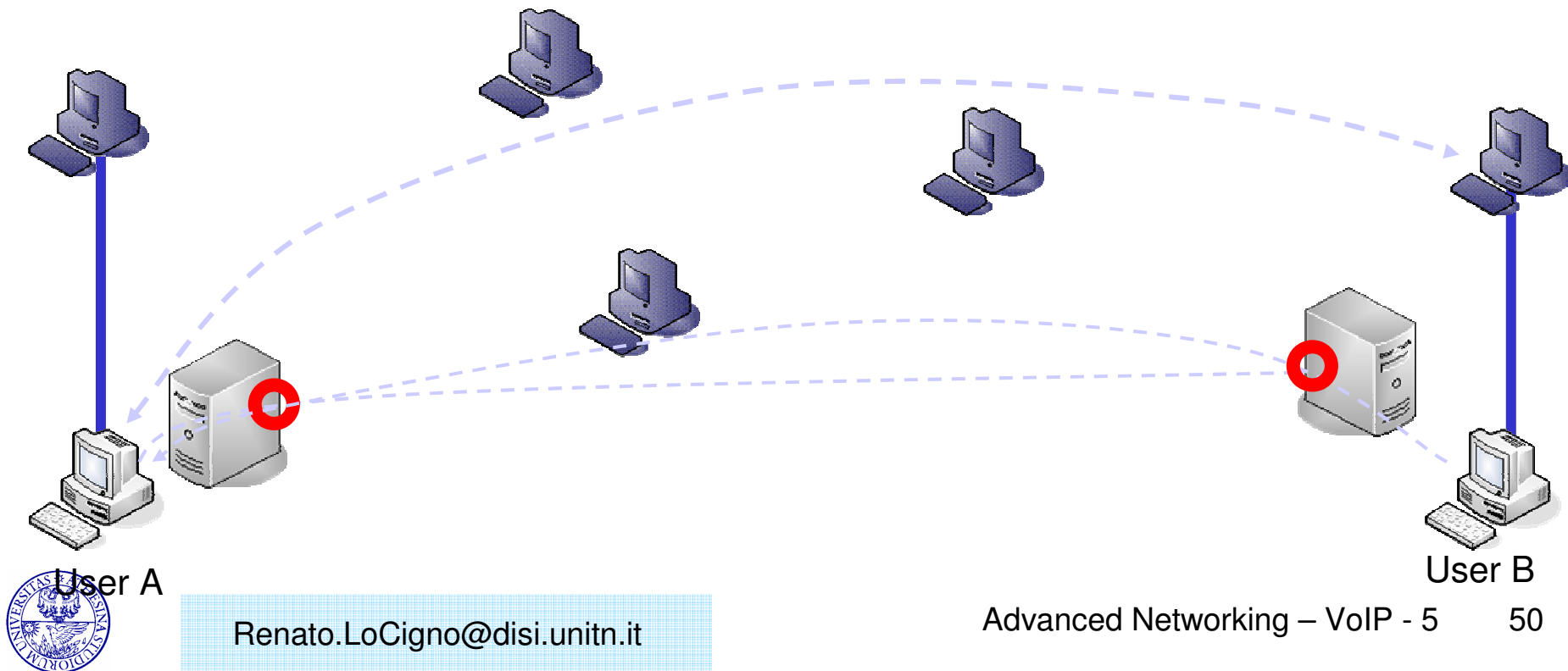
Search: Firewall blocks UDP

- **Firewall blocks UDP**
 - preventing direct connection w/ the SNs or another user
 - the SN of A communicate to B (via his SN) the address of A
- **Both A and B establish TCP connections with the same 2 SN to exchange authorization**



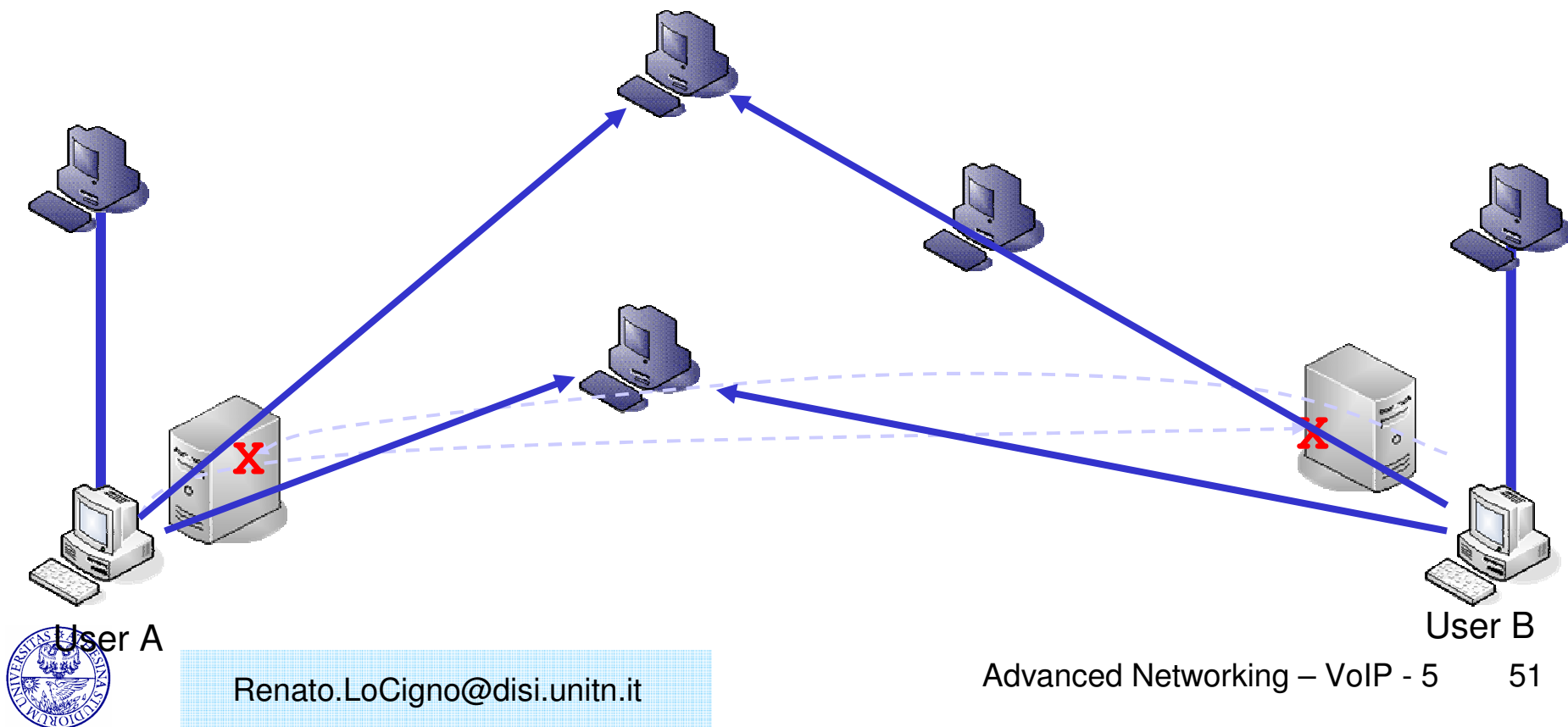
Search: Port restricted NAT

- Once user A gather the address of SN of B, sends a UDP query containing his external address. SN of B replies with user B external address.
- User A send an UDP datagram to user B external address in order to create a mapping in his NAT, anyway packet will be filtered by NAT of B
- User B does the same but this datagram reaches user A
- Once exchanged authorization a TCP connection via 2 SNs as relay is established, as depicted in previous slide



Search: Symmetric NAT

- Clients try the technique depicted for Port restricted NAT
 - but it fails due to symmetric NAT behavior
- Clients exchange authorization via TCP using 2 SNs as relay



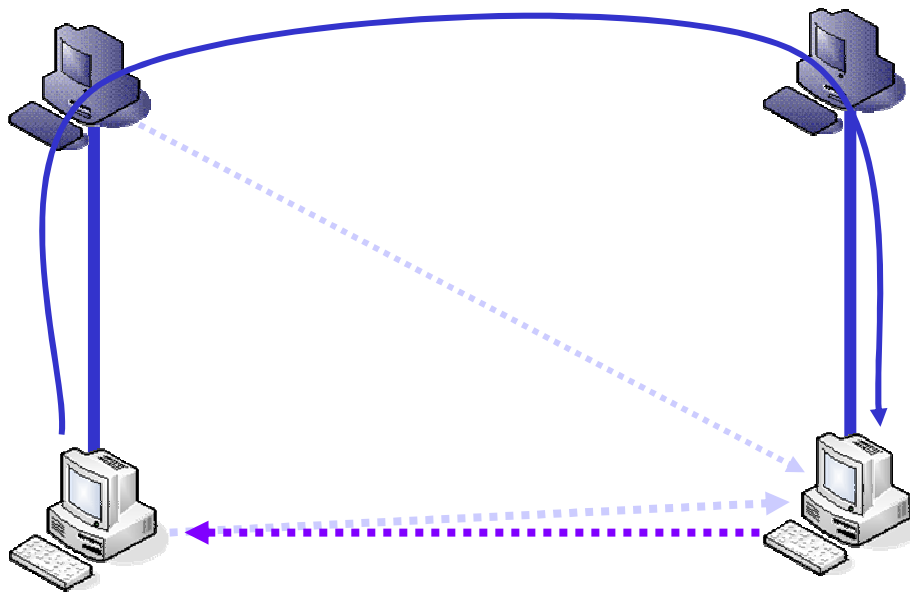
Buddy list signaling

- **Buddy list is a list of “friend” users**
- **Skype allow a user to know if buddies are online/offline**
 - **overlay network informs buddies when user change status**



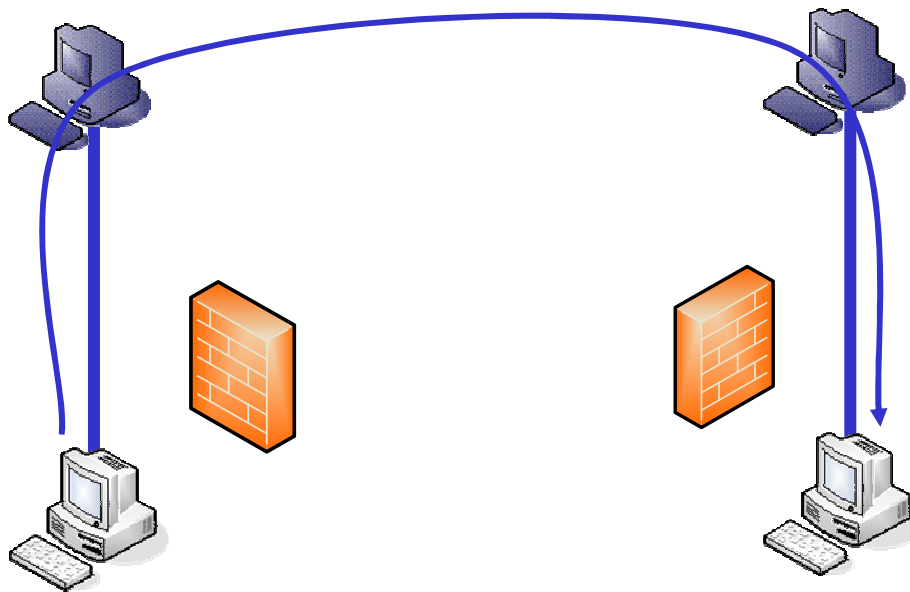
Buddy List signaling procedure

- A user going on-line informs his buddies either directly using UDP or via the SNs.
- When going off-line, a user tear down the TCP connection with the SN.
- The SN informs via UDP the buddies that the user is going off-line
- To have a confirmation buddies try to ping the user.



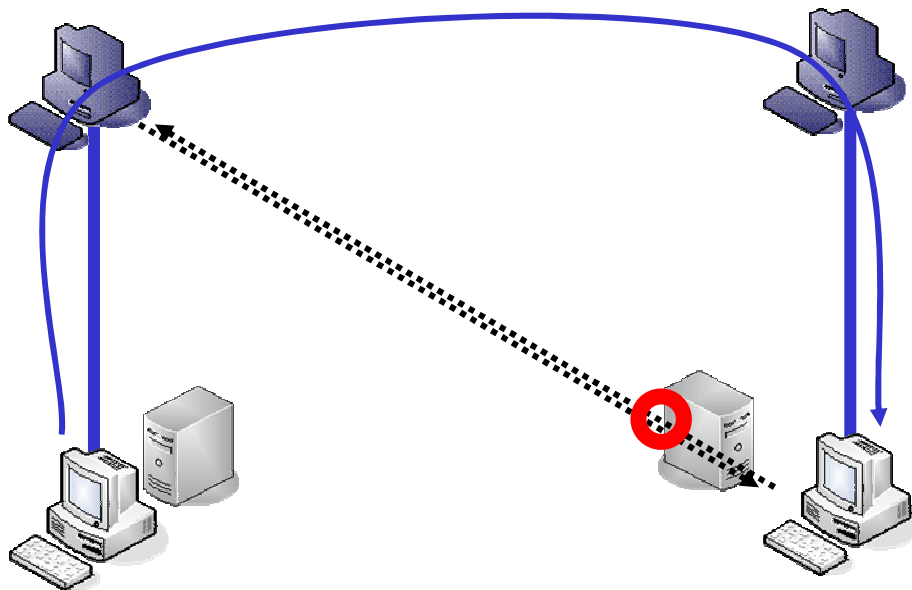
Buddy List signalling: Firewall blocking UDP

- Since UDP traffic is blocked, on-line/off-line signalling is performed via the SNs



Buddy List signaling: Port restricted NAT

- **On-line/off-line signaling is performed in a way similar to that depicted in previous slide.**
- **As a difference after the change of status, buddies query the SN of the user for confirmation.**



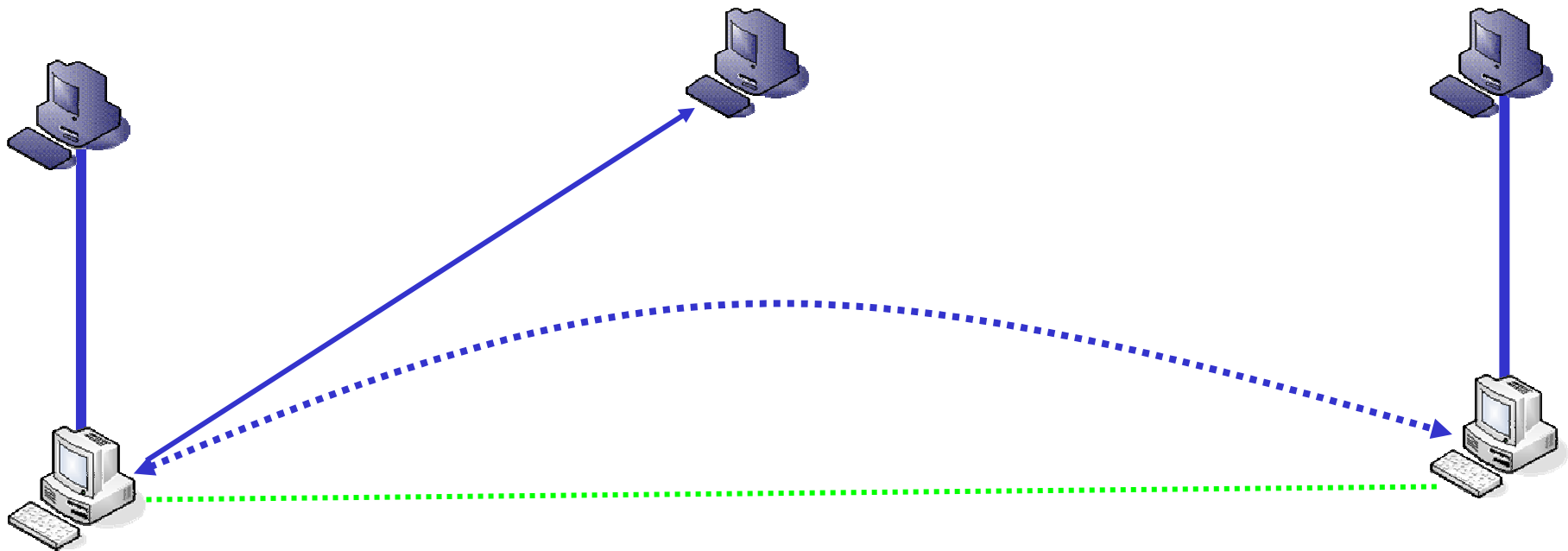
Call establishment function

- **Signaling performed using TCP connection**
 - overlay network used only if otherwise impossible
- **Media carried over UDP when possible**
 - in case relay servers are used



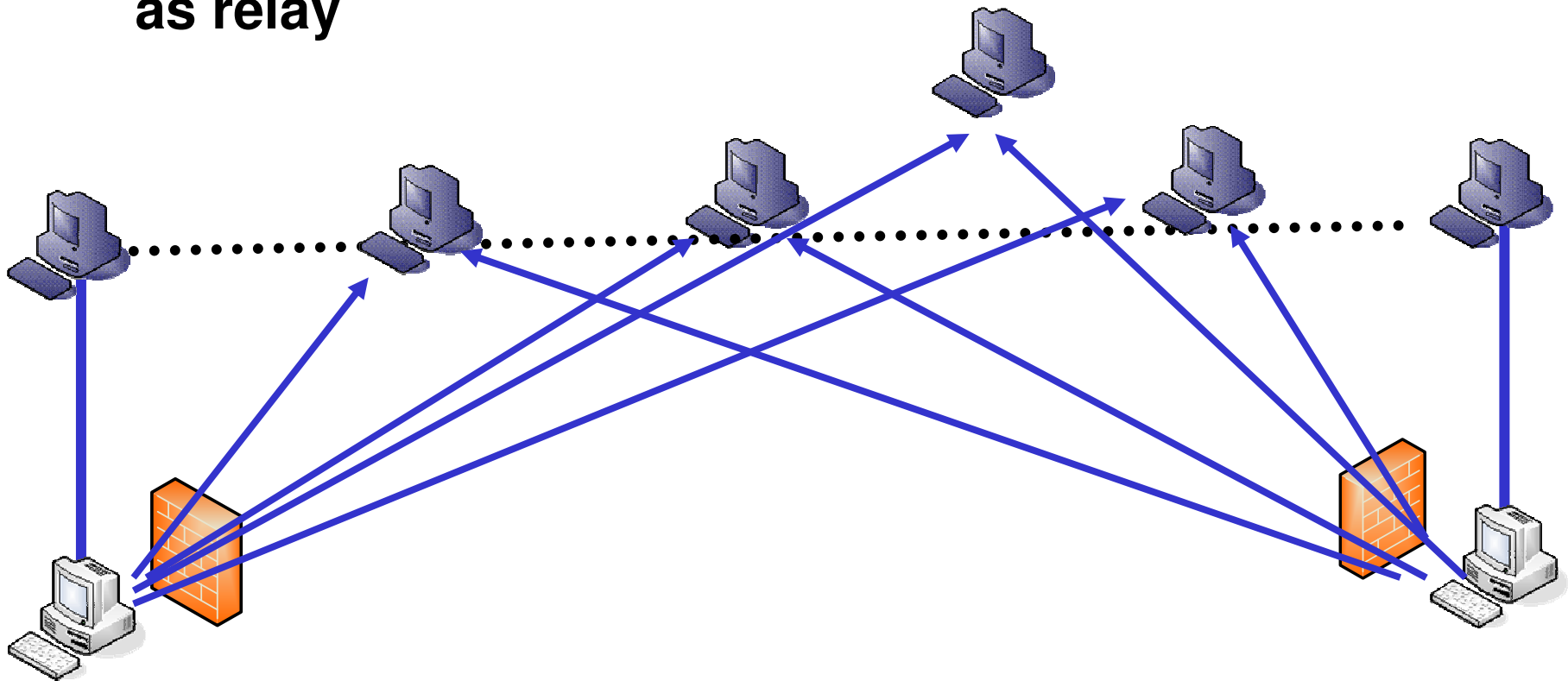
Call establishment procedure

- User A wants to call user B, so he query some SNs for user B address.
- Once he gets user B address they exchange signaling over TCP
- Voice traffic carried via UDP



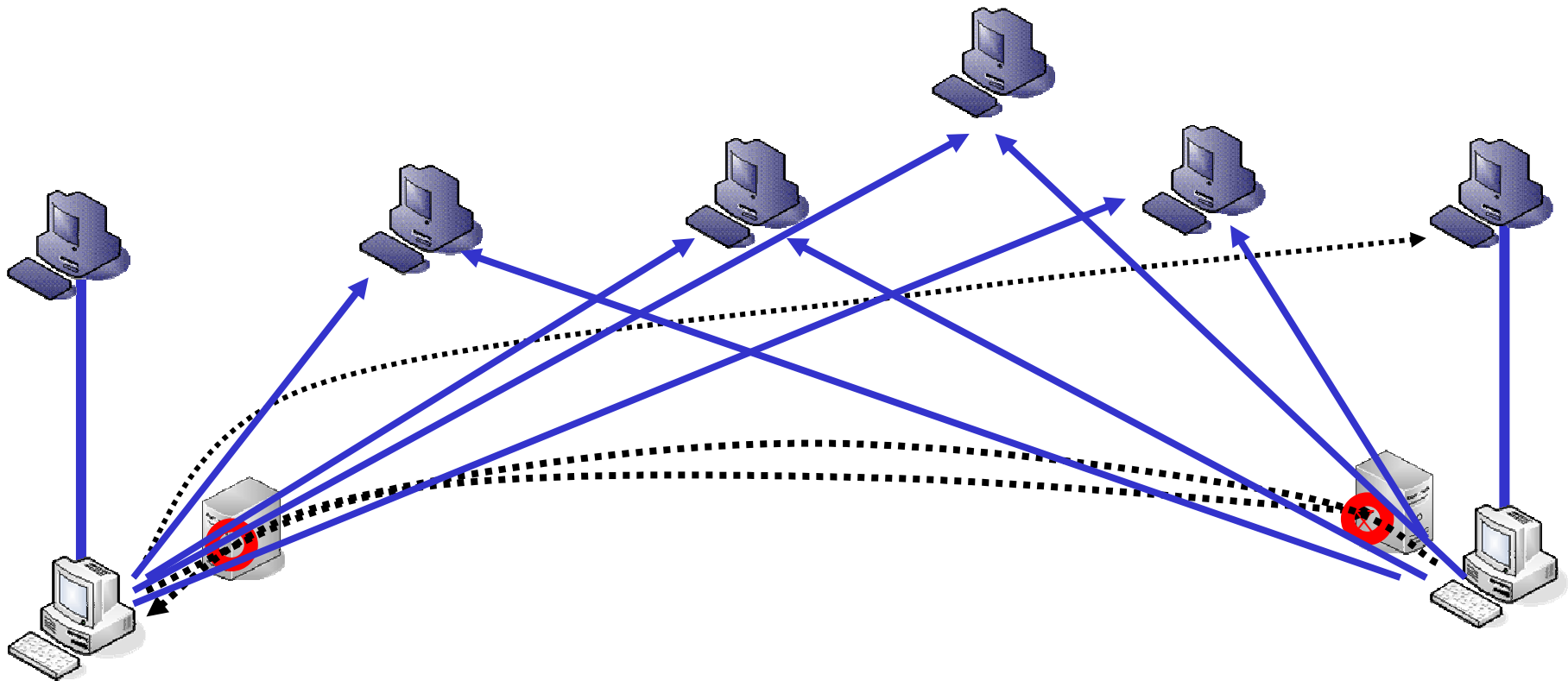
Call establishment: firewall blocks UDP

- Signaling exchanges are performed by the SNs on behalf of the users
- Media exchange is performed via TCP using 4 SNs as relay



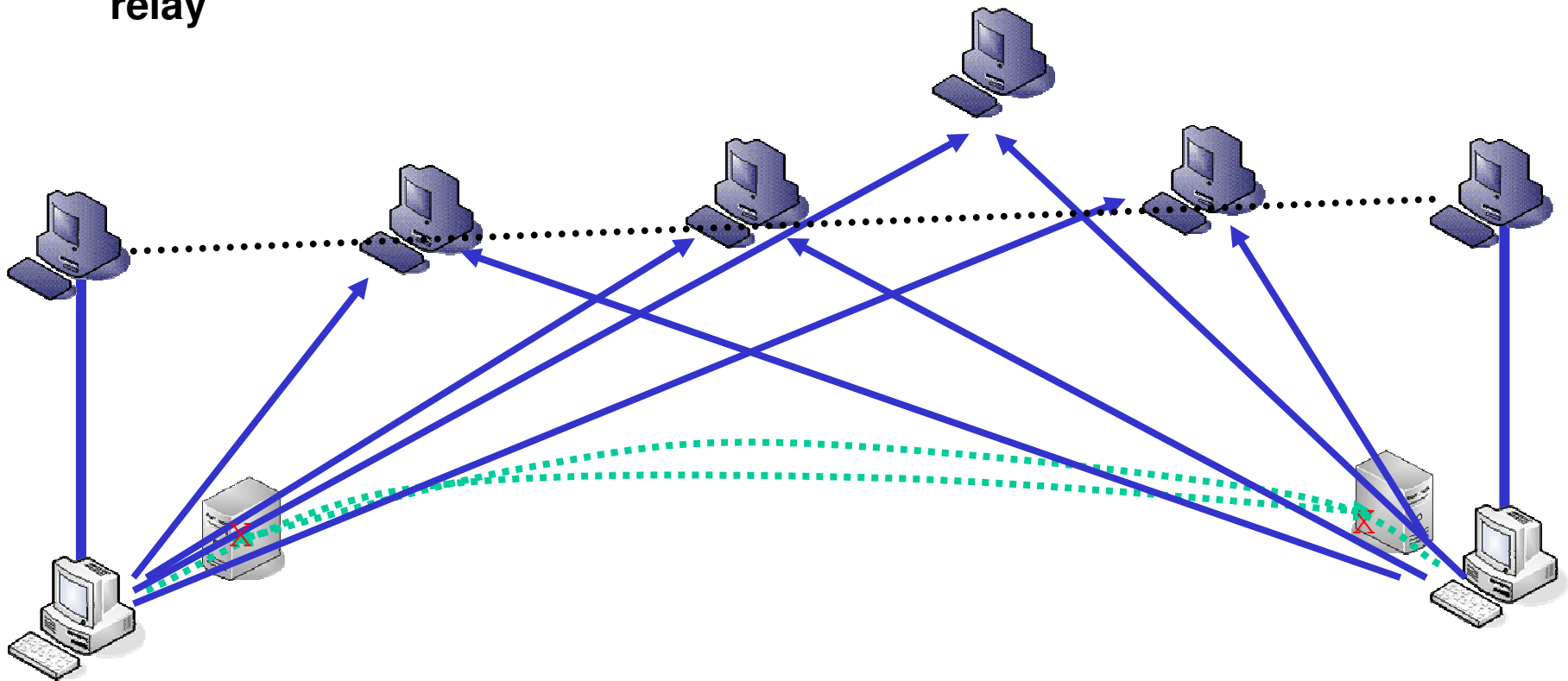
Call establishment: Port restricted NAT

- Once User A gets the address of the SN responsible for user B he queries for his address. SN informs B that user A wants to call him, and tells external address of B to A.
- A and B establish UDP flow using reverse hole punching
- They also establish TCP connection using 4 SNs as relay



Call establishment: Symmetric NAT

- User A and B communicate their addresses via their SNs
- They try reverse hole punching but it won't work because of NATs restrictions
- To establish the media and signalling channel they will use 4 SNs as relay



Lesson learned

- **Traversal is well possible in many cases without explicit signaling to the middlebox**
 - **open public access network**
 - **protected enterprise networks**
- **Reverse hole punching and tunneling techniques workarounds allow Peer-to-peer communications in almost every scenario**
 - **Skype only fails completely if firewall blocks TCP but in fact that is a very uncommon case**
- **Explicit middlebox signaling protocols (like IETF MIDCOM MIB, CheckPoint OPSEC, NEC's SIMCO) are still required for**
 - **highly protected access network**
 - **applying security policies by network operator**
 - **anyway Skype will undermine many of these policies**
- **Skype tries to use IP network instead of overlay**
 - **SNs can't assure constant presence**
 - **avoid overlay congestion**

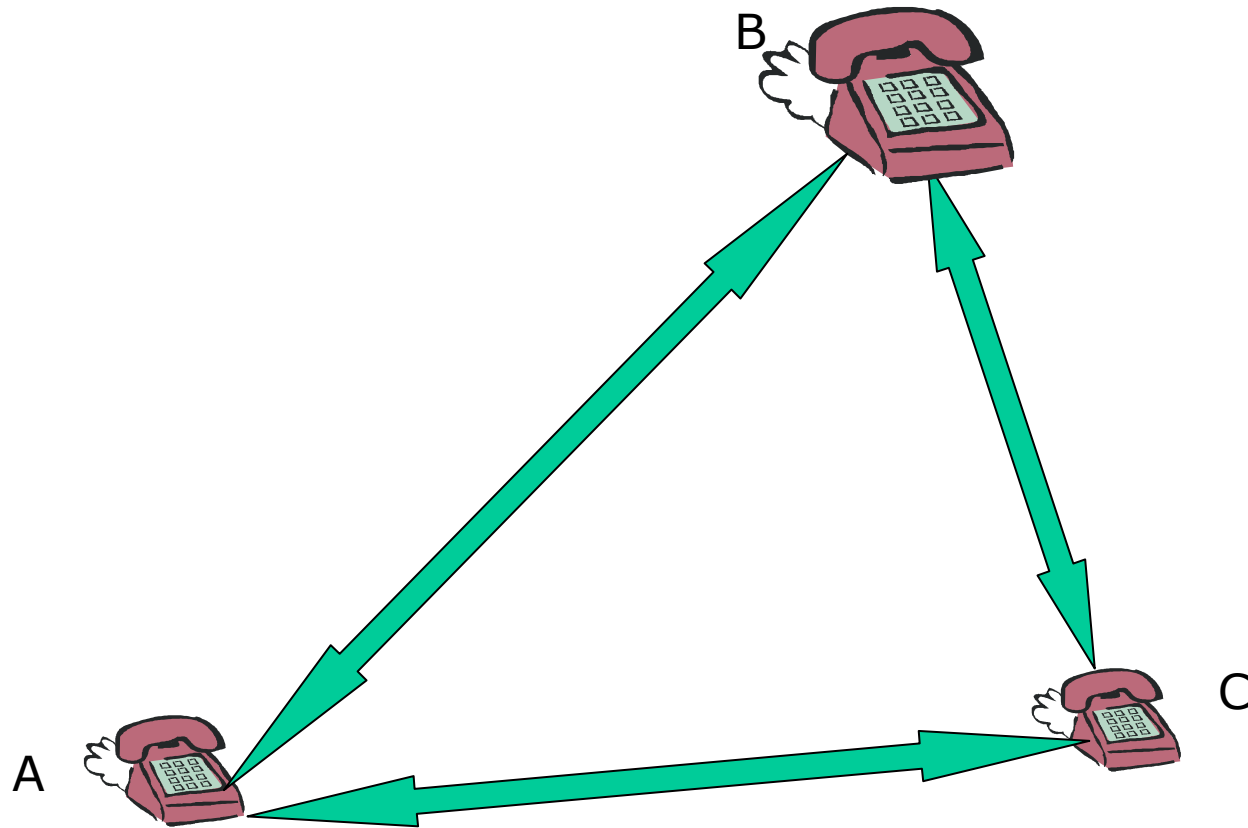


Audio Conference

- Based on traffic mixing in one of the nodes
- Limited to few nodes (5-6)
- Works also with some nodes behind NAT/FW
- The mix node is elected based on its elaboration capabilities, since mixing is CPU intensive
- It does not need to be the conference initiator



Audio Conference: signaling



Audio Conference: audio flows

